

JUST FOR YOU

Canadian Postmasters
and
Assistants Association



l'Association canadienne
des maîtres
de poste et adjoints



Dates

OCTOBER 20, 21 & 22, 2026



Locations

St John's NL	English
Quebec QC	French
Ottawa ON	English
Calgary AB	English



Topics

3-DAY TRAINING
for active CPAA members

- * CPAA History
- * By-laws / Policies
- * Labour Movement
- * Right
 - * Collective Agreement
 - * Canadian Human Right Act
 - * Canada Labor Code



Are you an Active Member interested in increasing your union knowledge?

Will this be your first Just For You training?

If you answered yes to both of those questions, a portion of our negotiated education fund has been used to develop and present a training program *Just For You!*

OBJECTIVES – you will have a better understanding of:

- ✓ The structure of CPAA
- ✓ Articles of our Collective Agreement
- ✓ How you can work for CPAA
- ✓ CPAA's role in the labour movement
- ✓ How CPAA can work for you

Important information:

- From Oct. 19 to 22, 2026, the CPAA Education Fund will pay expenses such as: wages, per diem, accommodations, travel, etc.
- Enrolment is limited to 50 participants across Canada, selected by a random draw.
- Past and Present Union Representatives are not eligible for this training.
- CPAA members who have already attended a previous Just For You training are not eligible to apply.
- Only one application form per member will be accepted.
- Please carefully review the dates of the training sessions and your availability to avoid unnecessary cancellations and added expenses. Contact CPAA immediately if you are on any type of leave, so arrangements can be made.



JUST FOR YOU APPLICATION FORM

Applications must be received by **June 29, 2026** at:
CPAA, 281 Queen Mary, Ottawa ON K1K 1X1



Name _____
Address _____ City _____
Province _____ Postal Code _____
Post Office Name _____
Phone (H) _____ (W) _____
Email _____
Position Title _____
Preferred training language English French