

JUST FOR YOU

DATES LOCATIONS TOPICS

DATES

OCTOBER 21, 22 & 23, 2025

LOCATIONS

St John's NL English

Quebec QC French

Ottawa ON English

Calgary AB English

TOPICS

3-DAY TRAINING – for active CPAA members

- CPAA History
- By-laws / Policies
- Labour Movement
- Rights
 - ✓ Collective Agreement
 - ✓ Canadian Human Rights Act
 - ✓ Canada Labour Code

Canadian Postmasters
and
Assistants Association



L'Association canadienne
des maîtres
de poste et adjoints

Are you an Active Member interested in increasing your union knowledge?

Will this be your first Just For You training?

If you answered yes to both of those questions, a portion of our negotiated education fund has been used to develop and present a training program Just For You!

OBJECTIVES – you will have a better understanding of:

- ✓ The structure of CPAA
- ✓ Articles of our Collective Agreement
- ✓ How you can work for CPAA
- ✓ CPAA's role in the labour movement
- ✓ How CPAA can work for you

Important information:

- From Oct. 21 to 25, 2025, the CPAA Education Fund will pay expenses such as: wages, per diem, accommodations, travel, etc.
- Enrolment is limited to 50 participants across Canada, selected by a random draw.
- Past and Present Union Representatives are not eligible for this training.
- CPAA members who have already attended a previous Just For You training are not eligible to apply.
- Only one application form per member will be accepted.
- Please carefully review the dates of the training sessions and your availability to avoid unnecessary cancellations and added expenses.
- Contact CPAA immediately if you are on any type of leave, so arrangements can be made.

JUST FOR YOU APPLICATION FORM

Applications must be received by June 30, 2025, at: **CPAA, 281 Queen Mary, Ottawa ON K1K 1X1**

Name _____

Address _____ City _____

Province _____ Postal Code _____

Post Office Name _____

Phone (H) _____ (W) _____

Email _____

Position Title _____

Preferred training language

English ☐

French ☐